



Welcomes You

Thursday 1st May
The Forum, Norwich
9am to 3pm

FREE TO ATTEND



Supporting You to Support Others

Giving you the tools to help, at a time of loss

Atrium

- Information, Advice & drop-in sessions from charities, businesses and organisations supporting end of life
- Norwich Death Café providing tea, cake & conversation
- Create your own token of remembrance

Gallery

Continuum

Immerse yourself in a contemplative space where natural materials and gentle music alongside sounds and visuals inspired by nature invite reflection on our connection to the rhythms and cycles of life.



Auditorium

0900 to midday

Join our experts for presentations

- 'What to say, when all you want to do is help'
- 'Getting your house in order'
- Recognising Dying
- Understanding grief
 - Unexpected loss
 - Supporting Children
 - Living with grief

Book your place via Eventbrite

