

LEAVING GRACEFULLY®

Leaving Gracefully online 6 part Workshop

Presented by Beverley Bulmer

Open to all those who are looking for inspiration and support in preparing and recording their end of life wishes

Held monthly over 6 sessions via Zoom

Starting on Wednesday 18th May at 6.30pm -8pm

and thereafter 6.30 -7.30pm on the 3rd Wednesday of every month

- Are you looking for inspiration and support in planning and preparing your end of life wishes?
- Have you made a start but feeling overwhelmed at the process?
- Do you feel you have questions and get stuck on how to proceed?
- Have you made some plans but feel there is more to do in order to ensure your life affairs are completed when you are no longer here?



The *Leaving Gracefully online workshop* seeks to offer support and inspiration in your preparations and can be used as a platform to bring your questions and openly discuss with others who are also choosing to take responsibility for recording their wishes.

During the workshop we will look at the *Leaving Gracefully Package* - exploring the content as we work through completing the process of filling it in.

At each session we will discuss a relevant topic and there is space in between each meeting for you to implement and work with your plans.

**Full Course Cost : £95 - Includes a copy Leaving Gracefully and 6 sessions
Or £65 to attend 6 sessions if you already have a copy of Leaving Gracefully**

Booking is essential as places are limited

To book - Please email Beverley at - contact@leavinggracefully.co.uk

or call 01953 454627 - Mob 07901 888122